

# 4th Annual Miami Day of Caring Program

8:00-8:50	Continental Breakfast and Opening Session — Morning Speaker: <i>Barnet Alpert, D.O.</i> Welcome – Debbie Curtin, Mickey Whiting, Audrey Carden, Donna Lundy, Eileen Mazis, Bobbi Meyers, Judy Zucker				
Time	Room 1	Room 2	Room 3	Room 4	Room 5
8:50 – 9:40	CyberKnife & Radiation Treatment Options <i>Maria-Amelia Rodrigues, M.D. &amp; James Schwade, M.D.</i>	Stress and Cancer: Are You Worrying Yourself Sick? <i>Ron Durán, Ph.D.</i>	Chinese Secrets for Self Healing <i>Amy Sear, A.P., Dip. C.H.</i>	What’s Happening with Hormonal Therapies <i>Orlando Silva, M.D., J.D.</i>	Exercise for Recovery, including Lymphedema <i>Tracey Herzog, M.S., Linda Wade, P.T.A.</i>
9:45 – 10:35	Intimacy and Breast Cancer <i>Jennifer Trumpken Pollack, M.D., P.A.</i>	Emotions and Fears: Coping with New Recurrent Breast Cancer <i>Marta Manrique-Reichard, Ph.D.</i>	Understanding Your Hereditary Risk for Breast and Ovarian Cancer <i>Rae Wruble, R.N., M.B.A.</i>	New Medical Treatments for Breast Cancer <i>Sandra Franco, M.D.</i>	Guided Imagery and Meditation to Reduce Stress <i>Tammy Sifre, Ph.D.</i>
10:35 – 11:05	<b>Visit the Resource Center and the Silent Auction</b>				
11:05 – 11:55	Chemo Brain: Myth or Reality <i>Alejandra Perez, M.D.</i>	Reconstruction from a Patient’s Perspective <i>Zubin Panthaki, M.D., Sharon Barlett, Linda Burrowes, Lesley Gonzalez &amp; Katherine Schemel (survivors)</i>	Spirituality and Healing <i>Carlos Sandoval, M.D. &amp; Lois Murray, M.Div.</i>	Markers & Scans — Why Not Me? <i>Grace Wang, M.D.</i>	Humor — Is Laughter the Best Medicine? <i>Sherry Miller, C.L.L.</i>
12:00 – 12:50	Young Survivors on a Mission of Awareness <i>Kathryn Becker, Geri Bell &amp; Lilly Lorenzo-Luaces (survivors)</i>	How Patients & Care Givers Cope <i>Rose &amp; Alan Jacobson, Ph.D. and Tania Ledesma &amp; Mercedes Alfaro (survivors &amp; care givers)</i>	What and How Should I Be Eating? <i>Monica Dawkins, M.S.</i>	Treating Recurrent Breast Cancer <i>Charles Vogel, M.D.</i>	Exercise for the Rest of Your Life <i>Tracey Herzog, M.S., Corey Becker, R.N. &amp; Beth Sutton, M.S.</i>
1:00 -3:00	<ul style="list-style-type: none"> <li>• Invocation — <i>Carlos Sandoval, M.D.</i></li> <li>• Keynote Speaker — <i>Robert P. DerHagopian, M.D., F.A.C.S.</i></li> </ul>		<ul style="list-style-type: none"> <li>• Luncheon &amp; Fashion Show with <i>Mark Schumacher, WPLG, Channel 10</i></li> <li>• Chance Drawing — at 3 different times</li> </ul>		